

Veterans UK	0808 1914 2 18
Veterans Welfare Service	0808 1914 2 18
Armed Services Advice Project	0845 231 0300
ABF The Soldiers' Charity	0131 310 5132
Blind Veterans UK	020 7723 5021
British Limbless Ex-Servicemen's Association (BLESMA)	020 85901124
Erskine	0141 812 1100
Combat Stress (Ex-Service Mental Welfare Society)	01292 561300
Forces Pension Society	020 7820 9988
Haig Housing	020 8685 5777
Houses for Heroes	0131 557 1188
Housing Options Scotland	0131 247 1400
Officers Association Scotland	0131 557 2782
Poppyscotland	0131 557 2782
Regular Forces Employment Association	0131 557 1747
Royal Air Forces Benevolent Fund	0131 225 6421
Royal Air Forces Association	0131 225 5221
Royal British Legion Scotland (Legion Scotland)	0131 550 1583
Royal Naval Association (RNA)	02392 722983
Royal Naval Benevolent Trust	02392 690112
Scottish War Blinded	0131 333 1334
Scottish Veterans Residence	0131 556 0091
Seafarers Support	0800 121 4765
Soldiers, Sailors, Airmen & Families Association (SSAFA)	0845 1300 975
War Widows Association of Great Britain	0845 2412 189

In this leaflet you will find the contact details of many of the organisations that support veterans from across Scotland. Many more, especially where they operate at a local level, can be found on the Veterans Assist website:

[www.veterans-assist.org.uk](http://www.veterans-assist.org.uk)



The first point of contact for any issue facing veterans will be the same organisation that would assist someone who has never served; for example **JobCentre+** and recruitment agencies help veterans find work, the **NHS** help veterans with health needs, local authorities and **Housing Associations** will assist with finding accommodation and the **Department of Work and Pensions** help veterans with advice on benefits, pensions and employment.

The **Citizens Advice Bureau** provides dedicated information for the Armed Forces Community, including benefits, debt, employment, relationships and housing, through the **Armed Services Advice Project (ASAP)**. See the website at:

[www.adviceasap.org.uk](http://www.adviceasap.org.uk)

**Service and Regimental Associations** offer friendship and support to former members of their respective organisations.

#### CONTACT INFORMATION

[www.veteransscotland.co.uk](http://www.veteransscotland.co.uk)  
[www.veterans-assist.org](http://www.veterans-assist.org)



[www.facebook.com/pages/Veterans-Scotland/](https://www.facebook.com/pages/Veterans-Scotland/)

By email - [gensec@veteransscotland.org.uk](mailto:gensec@veteransscotland.org.uk)

By phone - 0131 550 1569

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# VETERANS SCOTLAND



A VOICE FOR VETERANS  
IN SCOTLAND

**VS** | Veterans  
Scotland

## ABOUT US

Veterans Scotland acts to coordinate and act upon the principles in the Armed Forces Covenant, to ensure that veterans and the veteran community are not disadvantaged as a result of their service.

This leaflet provides you with some of the key contact details if you are a veteran in need of support or you are assisting a veteran seeking support.

Many statutory organisations have dedicated Armed Forces & Veterans Champions who ensure the aims of the Covenant are met. Such Champions are established in all Local Authorities as well as, for example the Police, DWP and NHS.

## USEFUL CONTACTS

There are a large number of organisations that provide Information, Advice, Assistance and Guidance to the veteran community. Within this leaflet we have listed some of the Statutory and third sector organisations that offer a range of support to the veteran community and those seeking to support veterans.

## STATUTORY SUPPORT

### Veterans UK

Veterans UK administers the armed forces pension schemes and compensation payments for those injured or bereaved through service. This is the sole source of Government-funded help and advice on veterans issues.

Website: [www.gov.uk/government/organisations/veterans-uk](http://www.gov.uk/government/organisations/veterans-uk)

Email: [veterans-uk@mod.uk](mailto:veterans-uk@mod.uk)

Freephone (UK only): 0808 1914 2 18

### Veterans Welfare Service

The VWS is committed to enhancing the quality of life for veterans and beneficiaries of Veterans UK pensions and compensation schemes and all of their dependents.

Website: [www.gov.uk/government/groups/veterans-welfare-service-uk](http://www.gov.uk/government/groups/veterans-welfare-service-uk)

Email: [veterans-uk-vws-scot-ni@mod.uk](mailto:veterans-uk-vws-scot-ni@mod.uk)

UK helpline: 0808 1914 2 18.

## THIRD SECTOR

**ABF The Soldiers Charity** is the Army's national charity and is committed to the welfare of Army and ex-Army personnel and their dependants.

Website: [www.soldierscharity.org](http://www.soldierscharity.org)

Email: [scotland@soldierscharity.org](mailto:scotland@soldierscharity.org)

Phone: 0131 310 5132/5116

**British Limbless Ex-Service Men's Association (BLESMA)** aims to promote the welfare of those who have lost the use of limbs or eyes as a result of Service and their dependants.

Website: [www.blesma.org](http://www.blesma.org)

Email: [ChadwellHeath@blesma.org](mailto:ChadwellHeath@blesma.org)

Phone: 020 8590 1124

**Erskine** offers ex-Service men and women all over Scotland nursing, dementia and respite care and support (homes in Bishopton, Edinburgh and Glasgow and Bursary Scheme places in Aberdeen, Dumfries, Dundee and Perth).

Website: [www.erskine.org.uk](http://www.erskine.org.uk)

Email: [enquiries@erskine.org.uk](mailto:enquiries@erskine.org.uk)

Phone: 0141 812 1100

**Combat Stress (Ex-Service Mental Welfare Society)** care for former members of the Armed Forces with psychiatric disabilities. Home near Ayr with outreach teams for home visits.

Website: [www.combatstress.org.uk](http://www.combatstress.org.uk)

Email: [contactus@combatstress.org.uk](mailto:contactus@combatstress.org.uk)

Phone: 01292 561300

**Poppyscotland** provides practical help through direct financial assistance, retraining grants, respite breaks, employment for disabled veterans, advice and long term care.

Website: [www.poppyscotland.org.uk](http://www.poppyscotland.org.uk)

Email: [enquiries@poppyscotland.org.uk](mailto:enquiries@poppyscotland.org.uk)

Phone: 0131 557 2782

**Soldiers, Sailors, Airmen and Families Association (SSAFA)** provide lifelong support to our Forces and their families; SSAFA provides practical, emotional and financial support through a network of local branches.

Website: [www.ssafa.org.uk](http://www.ssafa.org.uk)

Email: [info@ssafa.org.uk](mailto:info@ssafa.org.uk)

Phone: 0845 1300 975

**Legion Scotland** The Royal British Legion Scotland is Scotland's largest ex-service membership organisation with a branch network across the country. It promotes comradeship and Remembrance as well as wellbeing, benevolence and pension support.

Website: [www.legionscotland.org.uk](http://www.legionscotland.org.uk)

Email: [contact via website](mailto:contact@legionscotland.org.uk)

Phone: 0131 550 1583

**Royal Air Force Benevolent Fund (RAFBF)** exists to help serving and former members of the RAF, their children and their dependants.

Website: [www.rafbf.org](http://www.rafbf.org)

Phone: 0131 225 6421

**Royal Naval Benevolent Trust (RNBT)** provides help in time of need to those who are serving or have served as Royal Navy ratings, Royal Marine other ranks, their wives husbands and children.

Website: [www.rnbt.org.uk](http://www.rnbt.org.uk)

Email: [rnbt@rnbt.org.uk](mailto:rnbt@rnbt.org.uk)

Phone: 02392 690112

**Regular Forces Employment Association (RFEA)** Assists ex-servicemen and women to find employment throughout their working lives through support, advice, research, job-matching, training advice and assistance with CV's and interview techniques.

Website: [www.rfea.org.uk](http://www.rfea.org.uk)

Phone: 0131 557 1747

**War Widows Association of Great Britain (WWA)** exists to improve the conditions of widows and widowers in receipt of a war pension and their dependants in Great Britain.

Website: [www.warwidowsassociation.org.uk](http://www.warwidowsassociation.org.uk)

Email: [info@warwidowsassociation.org.uk](mailto:info@warwidowsassociation.org.uk)

Phone: 0845 2412 189